



# TREATMENT DISPLAY BOOK

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HealthyStart Kids Treatment  
Primary Dentition



HealthyStart Youth Treatment  
Mixed Dentition



HealthyStart Adult Treatment  
Adult Dentition



# Kids Treatment



## Treatment of the Primary Dentition For Children 5 to 7-years Old

The HealthyStart® Kids system (Nite-Guide® technique) utilizes soft, comfortable, clear appliances usually worn at night while sleeping primarily for the 5 to 7-year-old child. The HealthyStart® Kids treatment typically prevents the need for braces later in a child's life by being a preventative and interceptive orthodontic solution. It develops a healthy and well aligned smile with an ideal occlusion early on by guiding teeth properly into the mouth as the child grows and develops. Treatment Benefits include the following:

- Achieving a straight smile with only passive nighttime treatment
- Correcting overbite, overjet, crowding and many open-bites
- Developing the proper occlusion by using natural eruptive forces it allows the upper and lower adult front teeth to develop into the proper occlusion
- Preventing common crowding by creating additional space in the front area of the mouth by expanding the arches
- Holding teeth straight while the fibers develop around them, to hold the correction and resist relapse!

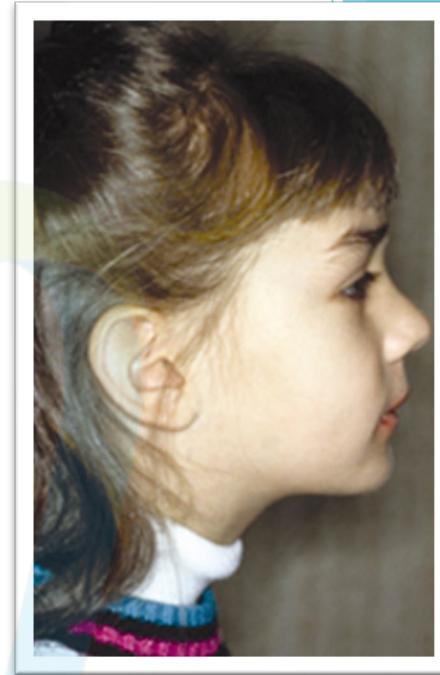
HealthyStart appliances are crafted with an unparalleled understanding of orthodontics in children. It is a semi-custom appliance that provides a comfortable fit and precise occlusion. Children who present with the following are likely good candidates for this treatment:

- A potentially deep overbite, where the upper front teeth cover the lower teeth by 1/8" (1.5 mm) or more
- Overjet, commonly known as buck teeth
- Potential crowding of up to 7 mm of the permanent adult incisors
- Expanding arches to proper shape and proportion allows for ideal spacing for all teeth, providing a healthy, strong, and beautiful smile
- An open-bite or cross-bite
- The effects of thumb-sucking

Before HealthyStart®  
Preventive Treatment



After HealthyStart®  
Preventive Treatment



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Preventive Treatment



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Preventive Treatment



# Youth Treatment



## Treatment of the Mixed Dentition For Children 8 to 12-years Old

The HealthyStart® Youth system (Occlus-o-Guide® technique) makes it possible to straighten children's teeth in just 4 to 10 months! This is an alternative to fixed braces for patients that are typically 8 to 12-years-old, also known as the mixed dentition age group. This clear, removable, and comfortable appliance is actively worn for two to four hours during the day and at night. Treatment benefits include the following:

- The easiest and fastest way to straighten teeth in the mixed dentition
- Ideal for treating most young patients who have any overbite, overjet, crowding, or spacing—this alternative to fixed braces for kids also provides the ideal molar position
- Backed with an expert understanding of children's orthodontics, it also corrects serious jaw discrepancies and most temporomandibular joint (TMJ) problems
- Designed to guide the erupting teeth into the perfect bite position and relationship (referred to as a class I occlusion)
- Comfortable and yet durable enough to function as the retainer after correction
- A removable orthodontic appliance, with which children avoid the discomfort and diet restrictions of unsightly wires or brackets associated with traditional braces
- The ideal removable design allows children to continue their oral health hygiene routine of brushing and flossing while preventing periodontal disease, cavities, and discoloration that can be side effects of fixed treatment
- Establishes the best foundation for a lifetime of attractive, healthy, and strong teeth! It allows for earlier children's orthodontic treatment than traditional braces and other clear aligner alternatives
- May be combined with other HealthyStart® appliances to meet your child's needs as they grow and mature
- This system (Occlus-o-Guide® technique) is successful because it is backed by decades of clinical research, numerous case studies, and continued monitoring of finished cases

Before HealthyStart®  
Interceptive Treatment



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\*Lower lip bumper was used to create space needed for crowding correction

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# Adult Treatment



## Treatment of the Permanent Dentition For ages 12 Years and Older

In as little as 1 to 12 months, the HealthyStart® Adult system (Ortho-T® technique) provides adult orthodontics to straighten teeth for ages 12 to adult. Treatment benefits include the following:

- An all-in-one orthopedic, functional, and finishing appliance. In fact, these high quality removable adult appliances are backed with decades of research in adult orthodontics and proven to eliminate overbite, overjet, or many TMJ problems
- A method to effectively straighten teeth, including incisors, and to correct rotations, crowding, or spacing. This also allows for better overall oral hygiene and a stronger, healthier dentition for a lifetime
- A design with expert knowledge of adult orthodontics and preformed with the precision to provide a perfect class I occlusion (ideal bite) to within a 0.001-inch accuracy. (A class I occlusion is what orthodontists consider the best bite and jaw alignment positioning for optimum health and cosmetics.)
- This system can be used for non-extraction, and two or four bicuspid extraction relapse cases
- The same appliance is used for both adult orthodontic treatment and for after treatment—as a retainer—to maintain the correction

Before HealthyStart®  
Orthodontic Treatment



NOTE: Lip bumper was used in conjunction to Ortho-T®

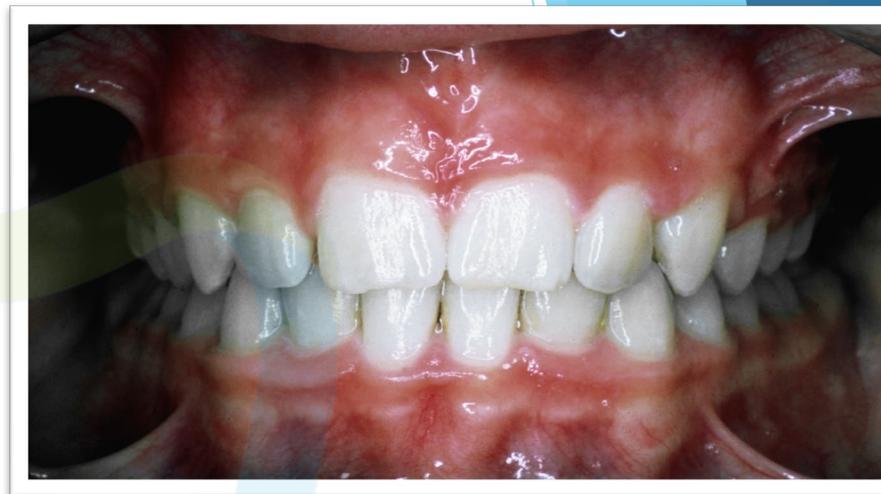
After HealthyStart®  
Orthodontic Treatment



Before HealthyStart®  
Orthodontic Treatment



After HealthyStart®  
Orthodontic Treatment



## Before HealthyStart® Orthodontic Treatment



NOTE: Lip bumper was used in conjunction to Ortho-T®

## After HealthyStart® Orthodontic Treatment



NOTE: Lip bumper was used in conjunction to Ortho-T®



Before HealthyStart®  
Orthodontic Treatment



After HealthyStart®  
Orthodontic Treatment



NOTE: Lip bumper was used in conjunction to Ortho-T®



Before HealthyStart®  
Orthodontic Treatment



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Orthodontic Treatment



More information on the HealthyStart®  
System can be found on our website at

**[www.thehealthystart.com](http://www.thehealthystart.com)**

**healthystart.®**

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